

Michigan Lightning Player Code of Conduct

Club and Personal Behavior

- I will play by the rules of soccer and in the spirit of the game.
- I will show respect at all times for all coaches, all referees, all players, all spectators, and all club officials.
- I will control my temper. I will not fight or use foul or abusive language or inappropriate gestures.
- I will be a team player.
- I know that winning isn't everything - being a team member, having fun, playing fair, improving my skills, making friends and doing my best are all important.
- I understand that, as a player of MI Lightning, I am one of the organization's representatives, and I will conduct myself in a responsible manner at all times at and outside of MI Lightning activities, and my behavior is not the responsibility of my club, coach, manager, or teammates but the responsibility of myself and of my family.
- I understand that Coaches are there to coach and not to improve my behavior. If I am found to be behaving badly, my coach is permitted to remove me from the team or an event.
- I will not take part in any form of bullying, either to an opposing player or to a player on my team. Bullying in any form, whether in person, electronically (any form of social media) will not be tolerated.
- I will never take part in a practice, game, or team event while under the influence of drugs and alcohol.

Games and Practices

- I recognize that practices and games are equally important.
- I will arrive at the field before practices and games according to the standards set by my team Coach.
- I understand that my behavior at tournaments is a reflection on the club and I am responsible for my behavior and any consequences of my behavior.
- If I cannot make a game or practice, I will notify the team Coach at least 48 hours in advance so that arrangements for substitutes can be made.
- I will shake the opponents and the referees hands after the match.
- I will plan to stay 10 minutes after a game to have a team talk.
- I will turn off all electronic devices (cell phones, video games, etc.) before arrival at my practice, game or team event and leave them off until I am finished.
- I realize that playing time is not always going to be equal despite my coaches attempt to equalize. In fact some teams (higher level Competitive teams) are permitted to use an "earned playing time" system.
- I will leave all venues as neat and tidy as I found them and will remove all refuse from my area.

Uniform and Equipment

- I will take good care of my uniform and wear it only on game days or designated club days.
- I will respect and take care of all MI Lightning equipment, facilities, and outside locations MI Lightning utilizes.
- I will wear the club approved training gear, shin guards, socks, and appropriate footwear at all games and practices and I will line up my bag once I arrive to training and games.
- I will wear our white uniform kit for home games, but bring blue. I will wear blue uniform kit for away games, but bring white.

I understand that my Michigan Lightning participation and membership is contingent upon compliance with this Code of Conduct. Should I fail to comply, I may be subject to disciplinary measures at the discretion of my Coach or the Board of Directors. I have read this entire Code of Conduct and fully agree to all its provisions.

Player Name Printed

Team Name

Player Signature

Date